



## UNIT 1 - ENERGY

### SECTION 1 - ENERGEIA



# KINETIC AND POTENTIAL ENERGY

## Background Information

Energy can be in one of two states: potential or kinetic. Energy can be transferred from potential to kinetic and between objects.

Potential energy is stored energy—energy ready to go. A lawn mower filled with gasoline, a car on top of a hill, and students waiting to go home from school are all examples of potential energy. Water stored behind a dam at a hydroelectric plant has potential energy.

Most of the energy under our control is in the form of potential energy. Potential energy can be viewed as motion waiting to happen. When the motion is needed, potential energy can be changed into one of the six forms of kinetic energy.

Kinetic energy is energy at work. A lawn mower cutting grass, a car racing down a hill, and students running home from school are examples of kinetic energy. So is the light energy emitted by lamps. Even electrical energy is kinetic energy. Whenever we use energy to do work, it is in the kinetic state.

In this investigation we will explore the effect that the height of a ramp and the mass of an object have on potential energy and kinetic energy.

**Problem** *(fill in problem):* \_\_\_\_\_

\_\_\_\_\_

## Hypothesis

As the height of a ramp increases, potential and kinetic energy will \_\_\_\_\_.

As mass increases, potential and kinetic energy will \_\_\_\_\_.

**KINETIC AND POTENTIAL ENERGY  
INVESTIGATION CONT.****Materials**

3 balls (same size, different mass)  
meter stick  
balance

ramp (a piece of plywood will do)  
3 pieces of 4" x 4" wood  
stop watch

**Procedure**

1. Weigh each ball on the balance to determine its mass (in grams). Record the mass on the data table.
2. Draw a starting line one inch down from the top of the plywood.
3. Place one block of wood under the end of the plywood to make a ramp. Measure the height of the ramp (in centimeters) and record the height on the data table.
4. Place one of the balls on the starting line.
5. Release the ball and start the stop watch.
6. When the ball has used all its energy, i.e., when it comes to a complete stop, record the time.
7. Measure and record the distance (in meters) that the ball traveled.
8. Repeat steps 4-7 with the other two balls.
9. Place one additional block under the end of the plywood. Measure the new height of the ramp and record it on the data table.
10. Repeat steps 4-7 with each of the three balls.
11. Using the third block of wood, raise the plywood ramp still higher. Measure the new height and record it on the data table.
12. Repeat steps 4-7 with each ball.



## KINETIC AND POTENTIAL ENERGY INVESTIGATION CONT.

## Observations

	Mass (g)	Height of ramp (cm)	Distance (m)	Time (sec)
Ball 1				
Ball 2				
Ball 3				

A blank grid for plotting a graph. The vertical axis is labeled "Height of the ramp (cm)" and the horizontal axis is labeled "Distance (m)". The grid is 20 units wide and 10 units high.

## KINETIC AND POTENTIAL ENERGY INVESTIGATION CONT.

### Conclusion

1. When in this investigation did each ball have potential energy? \_\_\_\_\_  
\_\_\_\_\_
2. When did each ball have kinetic energy? \_\_\_\_\_  
\_\_\_\_\_
3. What is the relationship between mass and energy (potential and kinetic)? \_\_\_\_\_  
\_\_\_\_\_
4. What is the relationship between height and energy (potential and kinetic)? \_\_\_\_\_  
\_\_\_\_\_
5. What evidence do you have that supports your hypothesis? \_\_\_\_\_  
\_\_\_\_\_
6. The velocity of an object ( $V$ ) is calculated by dividing the distance ( $d$ ) traveled by time ( $t$ ).

Using the formula  $V = d/t$ , calculate the velocity of each ball travelling down the ramp elevated with one block of wood.

The velocity of ball 1 is \_\_\_\_\_ ball 2 \_\_\_\_\_ ball 3 \_\_\_\_\_

What is the relationship between the mass of the balls and their velocity? \_\_\_\_\_  
\_\_\_\_\_

### Application

1. As the mass of the ball and the height of the ramp increased, did the balls speed up or slow down? \_\_\_\_\_ Why/Why not? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



## KINETIC AND POTENTIAL ENERGY INVESTIGATION CONT.

2. When a car is going downhill, the driver must apply more pressure on the brakes to stop than if the car were on level ground. Why? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
3. Why is it harder to stop a four-person bobsled than a three-person bobsled? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
4. Predict what would happen if you strung a spool on a piece of string and held each end of the string tightly over the bottom end of the ramp, so that the ball barely touched the spool as the ball rolled off the ramp.  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
5. Predict how the mass of the balls and the height of the ramp would affect the experiment in question #4.  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## Going Further

1. Kinetic energy (KE) is equal to one-half the product of the mass (m) of a body and the square of its velocity (v),  $KE = mv^2/2$ . Calculate the kinetic energy of each ball travelling down the ramp elevated with one block of wood.

Ball 1 \_\_\_\_\_ Ball 2 \_\_\_\_\_ Ball 3 \_\_\_\_\_